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WELCOME BACK!

By Noah Sousa

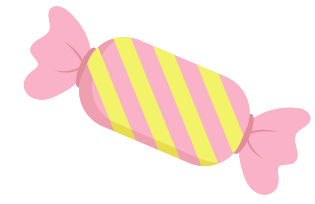


Welcome back to GVS and for those who are new, welcome to our great school. How was y'all's first weeks of school because mine was great. I wish you all had an amazing summer. We are getting back into a new school year and now the grade six kids are not here this year. Now everybody switches classes. I really like the idea of that because we no longer sit in one class for the whole day and in my opinion that is much better.

I am so excited to have the school newspaper again. Some of us, like me, are still not used to the school schedule. Let's admit it, we all stayed up late at least once this summer. I am so happy to be back to school. The grade seven band is so big. I really like the band. It is so much fun. I bet that art is fun as well. School might be fun for some of you. For me, I like school because I get to talk to friends and learn. For those of you who say school is not needed, it is necessary because without school none of us would know how to write or spell anything. I know some of you always look forward to the weekends and summer but if you set little goals throughout the school year it goes by faster. What is y'all's weekend plans because mine are relaxing and listening to music. To the grade twelves it is your last year at school. Are you guys happy? I hope you have an amazing start to this school year.

Halloween at GVS

By Clare MacPowell



It's that time of year again! When the leaves start to fall, and the air turns cold. It's **fall**! And while Thanksgiving may be great, my personal favourite thing about this season is **Halloween**. I love dressing up in a costume and getting free candy, who doesn't want more Coffee Crisps than you can eat? And Halloween at GVS never disappoints, I think the main highlight is Spirit week! In this article I'm going to go through each day of Spirit week, and give some tips and tricks on how you can dress up.

To start things off, we've got Meme Monday on the 26th. For this day it's time to find the perfect meme to dress up as. It could be as simple as writing 6-7 on a post-it note and sticking it to your forehead! If you're stuck, and have no idea what meme to do, I'd suggest googling some memes, there's of course 6-7, Tung Tung Sahur, Verity, and for this one you might want to get your group of friends: the Spider-Man pointing meme!

Secondly, we've got dress up as your favourite cartoon character, or celebrity, on Tuesday the 27th. Get a reference photo and scavenge through your closet! I think a popular choice might be Ryan Reynolds, (Even if Ryan Gosling's better). You could go for a simpler path and just dress up in a suit and tie, or you could make it more complicated and dress up as one of his characters he played, like Deadpool!

This one I think is one of the more fun ones, it's Ballers VS Scholars on Wednesday the 28th! Ballers! Get your sport jerseys on, and maybe some gym shorts! A Basketball cap could help too. Scholars, it's your job to dress as nerdy as possible. I think a fun idea would be to dress up like you're at graduation. Or get some funny glasses on! Maybe keep a pencil behind your ear and extras in your pocket.

On Thursday the 29th, it's Grade wars so dress up as your grades color. I'll list them out so you all know! Grade 7, our color is purple! Grade 8 yours is pink, grade 9's is green, 10's is blue, 11th graders you got yellow, and finally, 12's is red.

Finally, we reached Friday the 30th! For this day... dress up to your heart's desire! Most people, I assume will dress up in their Halloween costumes, I know I will!

In conclusion, I hope you're excited and now motivated to dress up for Spirit week. I'm hoping this article was helpful, and gave you some ideas. Happy Halloweeeen!



Cultural Genocide

By Kadynce Penner

For anyone who doesn't know what cultural genocide is, it is the attempt to get rid of the traditions, languages, religion etc., of a distinct group of people. Basically an attempt to wipe out an entire culture, hence the name "cultural genocide". One of the most commonly known examples of this is Adolf Hitler in World War 2 which was when he and the German army tried to wipe out the Jewish people. His attempt to wipe them **all** out failed, but he unfortunately successfully murdered over **6 million** Jews. But I'm not here to talk about Hitler today, a cultural genocide in Canada's history is our topic: the cultural genocide of the Indigenous peoples from 1830 - 1997.

One of the main contributors to this was the residential schools, which would forcefully strip children from their homes into schools that were telling them that the life they are living is wrong. From 1830 - 1997, the operations of about 140 schools took place. With more than 150,000 Indigenous children forced into them. Most of these schools were catholic (46%), a completely different religion and culture than what these children were raised into.

The children were forced to cut their hair, not wear their usual attire, not speak their language, not practice their traditions and much more.

Unfortunately, these schools were not only mentally abusing these children, but also physically and sexually. Many young children were sexually abused by the teachers or others running the school. Researchers say that 1 in every 5 children suffered sexual assaults in residential schools. (<https://www.theglobeandmail.com>)

An estimated **4,000 - 6,000** children died at these schools for various reasons including abuse, sickness and fatal attempts of escape. The food and portions were also horrid, causing malnutrition within the students. These schools had no care for the children. For $\frac{1}{3}$ of the deaths recorded, they didn't even have the care to write the child's name, and for almost half, their death was never disclosed.

For most children, escaping seemed like their only chance at freedom. These children were so desperate to escape, that they were willing to face death rather than stay. Some were lucky, while most weren't, losing their lives trying to get the one they had back.

The children were forced to have their culture erased, while enduring abuse. Many children struggled to understand, as they had to learn French and English and were forced to forget their native languages. Their practices were banned amongst all schools, and were severely punished if attempted.

Slowly, the children began to change. Their culture was being erased. These schools destroyed families, as once the children went home they were completely unrecognisable. Their cultural identity was stripped away, their individuality was gone. Families struggled to connect, as children began to not be able to communicate, and the trauma of these schools affected them deeply.

The other big event in this cultural genocide that I am going to bring up, is the Sixties Scoop. From 1951 to the 1980s, Indigenous children were taken from their homes and placed into “White” or non-Indigenous homes, in the hopes that they would become like the families they were staying with. Many of these homes were abusive and unsafe, as the government didn’t care to check. More than 20,000 children were taken from their homes and placed into new ones.

Something even more disturbing about all of this, is how much that happened is unknown. Not every death was recorded, not every assault was accounted for. We will never know the actual numbers of these things and we will never know all the details.

Can you imagine yourself in that position? The life you had built, your family and friends all ripped away from you, while everything you had ever known was told to be wrong. That is one of the many reasons that we have Truth and Reconciliation Day. To reflect on the lives lost, the wrongs done, and the trauma that will be passed across generations. This period of time is a dark part of Canada's past. Something that we as Canadians **must** learn from. Our differences are what gives us individuality. The world wouldn’t be the same if we were all the same. But in history, now and hopefully not our future, people struggle to push differences aside and just realize that we are all people. We are all equal, and our cultures and beliefs shouldn’t change anything.



Breast Cancer Awareness Month

By Ariel Abrams



October is Breast Cancer Awareness Month. 2.4 million women get diagnosed with breast cancer each year. This month is very important for all of the people affected by this devastating disease. Not only the people with breast cancer, but their families and friends as well. This is why we spread awareness.

Now what even is cancer? I bet a lot of you have heard of the disease, but do you actually know what happens when someone has cancer? Cancer is when a bunch of abnormal cells multiply, which then causes a tumor to occur. Tumors can be benign or cancerous.

The treatment most cancer patients get is chemotherapy. Chemotherapy is a treatment that uses drugs to fight against cancer cells. Chemo causes the cancer cells to be destroyed and stops them from multiplying.

Breast cancer patients go through so much. Patients often feel soggy from the chemo, and tired all the time. Chemotherapy most of the time takes hours. After the treatment the patients leave feeling worn out and nauseous.

One way you can spread awareness is simply talking about it. Whether it's to a peer, a friend or a family member, it helps inform more people about breast cancer. Why would you want to spread awareness? It helps the people with breast cancer have more support.

You could also wear a pink ribbon. Pink ribbons signify breast cancer, and by wearing one you're supporting the people going through it. It's important that we help those with any kind of cancer, even if it's by just wearing a ribbon.

SOURCES:

What Is Cancer? NCI

<https://www.cancer.gov/about-cancer/understanding/what-is-cancer>

Chemotherapy: Types & How They Work. Cleveland Clinic

<https://my.clevelandclinic.org/health/treatments/16859-chemotherapy>

Online Overconsumption

By Jax Paley

Amazon is a big part of the online retail business, usually having 310 million or more users active at a time. It's no surprise that online shopping websites like these are really big, but how do they affect the Earth?

One of the biggest things companies like these advertise is convenience. After all, all you have to do is type in a word and press a button, right? Sure, convenience is nice, but it can also lead to laziness or sloth. If we're constantly using websites instead of actually going out to buy our stuff, we're missing out on socializing with others and actually doing something or doing activities rather than sitting behind a screen and having it do everything for you.

Another big problem is the effects these companies have on in-person stores. Places such as malls are losing a lot of business due to shopping websites like these, making lots of people lose their jobs. Since there's already a lot of unemployment due to the rise of technology (an unreliable AI), we need all the jobs we can get.

When you order things online rather than in person, it's easier to give in to impulse buys or fall for scams. Photos of a product online aren't the same kind of confirmation you'd get from seeing or feeling the item with your own eyes and hands. You'd have no way of knowing if you're actually getting what you're paying for! If it shows up broken or completely different from what the pictures showed, you might be inclined to return it, but in doing so, more gasses are emitted into the air causing more pollution. If everyone were to switch to ordering things online, our environment would be dying at a much faster pace than it is now.

So, next time you're in need of some item, remind yourself about what these companies are doing to the environment. They're creating laziness, taking jobs, and polluting the Earth's clean air. Instead of ordering items online, go outside and buy it in-person. Don't be part of the problem, be part of the solution.

DO TEACHERS HAVE FAVORITES?

By Anonymous

Have you ever wondered: *Man, that one teacher really likes so and so. Or that teacher dislikes me and it's quite obvious.* If you have, then you are reading the right article. At a different school I went to, one of my teachers always favored the volleyball kids. They were always the ones petitioning for things and they got them. More volleyball intramurals, embroidery club, and they knew they were favored and that did not help the rest of the grade 8's. They were stuck up snobs to be completely honest.

I was talking to someone and I asked them the question and they said: "There is no way that they don't." Which are real feelings and I understand. Another student said "Yes they do. You have to look at their behaviors. Like who they talk to the most or pay more attention to."

Personally I think that teachers just have some kids that they get along with better. They do the work, they are respectful, and thoughtful, and take the school work seriously. If you're not doing all or at least some of these things you might wonder why the teacher doesn't like you. Honestly it all depends on the teacher. Some teachers don't like certain students and that is just wrong treating them differently.

I remember having a German substitute and she told me I was not allowed to read *Harry Potter*. That was really unfair of her to say because in HER religion this was not allowed, and the other german kids in the class she treated perfectly fine. She just disliked me.

Also the attitude of the teacher is another thing. If they really enjoy teaching and have done it for a long time they are not likely to have problems with the other students. Unless of course a student is being disrespectful then that's a reason for a teacher to reprimand you.

All in all I think at GVS there's not many examples of teachers favoring a student. Students may feel that way and that's fair but we have to remember that the teachers are here to help us learn, not find favorite students. I don't think any teacher here is like Horace Slughorn in *Harry Potter* picking favorites and inviting them to a "Slug Club."

We want You!

GVS tribune

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newspaper? Talk to
Mr.G about joining the
GVS tribune! We meet
Monday in room 208,
come stop by
sometime!*