



Principal: Angela Burtnack-Schinkel  Vice-Principal: Dean Hardern

Welcome to March!!! Time changes, weather changes, and Spring Break is just around the corner. Thankfully, we have not lost a lot of student contact time due to inclement weather. Spring is fast approaching which also means our clocks will be springing ahead on March 10, 2024.

A HUGE shout out to our staff members that helped with "I Love to Read Month". This was a very successful event. "Guess Who is a Reader Like You," "Stop, Drop, and Read," and "Blind Date with a Book," were some of the popular activities and promotions that captured the attention and interest of many students and staff. As we bid farewell to the fun activities that took place in February for "I Love to Read" month, March will be just as exciting with Numeracy month activities.

CONGRATULATIONS to Mr. Vernon Neufeld and our GVS Band for their great performances and showings at this year's Optimist Festival in Winnipeg. I highly encourage parents to attend this festival next year to see our students showcase their musical talents.

Our Varsity and Junior Varsity Basketball teams will be preparing to qualify for the AA Boys Basketball Provincials being held this month. We wish them well as they represent Pirate Nation and as they play hard to make it to Provincials.

A reminder to our parents of our grade 5-8 students about our Middle Years Learning Expo that will be taking place on March 21st at GVS from 4:00-6:30 pm. Our Grade 9 Orientation is scheduled for Tuesday April 2, 2024, at 6:45. Grade 8 parents will receive an email and a phone call reminder of the date and time of that event. This is a very important meeting for our grade 8 students and their parents/caregivers to attend. After the orientation, students will be selecting their high school courses for the upcoming school year.

Speaking of the upcoming school year, Green Valley School is excited to once again welcome high school students from Kleefeld. Current grade 8 students from Kleefeld have been given the option to attend high school at the SRSS, or here at GVS for the 2024-2025 school. If parents with high school students in the Kleefeld catchment have any further questions about this opportunity, they are more than welcome to contact GVS.

We would like to remind our school community to check their home emails for regular school and divisional updates. Parents/guardians/caregivers are also encouraged to check the GVS website for daily announcements and updates for all school related activities. Wishing our GVS families a healthy, safe, and active March.

Angela Burtnack-Schinkel



March 8th: No Classes
March 10th: Spring Ahead - DST Starts
March 14th: Festival Concert
March 15th: MY Report Cards Issued
March 21st: MY Learning Expo
March 25th-29th: SPRING BREAK
March 29th: Good Friday
March 31st: Easter Sunday



Grad Cap and Gown Portraits

Grade 12 students will be taking cap and gown pictures on Friday, March 8, 2024. Be sure to book your appointment time online.

Check with Mr. Cam Gerbrandt if you have any questions.

CHECK THE WEBSITE FOR GRAD INFORMATION

[HTTPS://GVS.HSD.CA/GRAD-2024/](https://gvs.hsd.ca/grad-2024/)



Put This Number in Your Kid's Phone: Kids Help Phone
If you're located in Manitoba, you can text the word "TALK" to 686868 to be connected to a trained Crisis Responder to help you with any issue – big or small.
The service is free, confidential, and available 24/7. Of course you can always call as well - 1-800-668-6868.



On Friday, March 22nd PAC will be serving hotdogs for lunch!
(there will be NO PIZZA that day)



Orders must be placed on Wednesday, March 20th.

Pizza Coupons can be used for hotdogs: 1 coupon or \$1.75 = 1 hotdog
(condiments will be available at the canteen)

Orders for MY can be placed in their homerooms on Wednesday morning from 8:30–9:00am.

Orders for SY can be placed at the canteen on Wednesday morning from 8:30–9:00am.





February was a busy month around GVS & the library. It was I Love to Read Month with different activities and reading challenges and the annual "Drop Everything and Read" time each day.

There was the "Guess Who? Is a Reader Like You?!" contest. The "Blind Date With a Book" activity saw over 220 books unwrapped and taken out.

Thanks to the 7TD students who made posters and to those staff and students who helped write up the tags and wrap the books. Our display of "Red Any Good Books Lately?" saw lots of "red" books signed out and lots of books were taken out from the "Reading Across Canada" display which featured library books by Canadian authors from all our provinces and territories. I appreciate all the GVS students and staff who took time out of their busy days to help make all the library events a success. Thank you, Pirates, and keep on reading!



Festival Concert, March 14th

The GVS Grade 7–12 bands and the 9-12 choir would like to invite you to this year's Festival Concert. The concert will take place on March 14th at 7:00 Pm in the GVS gym. Come and enjoy some beautiful music prepared and presented by our bands and choirs. Band students should arrive between 6:15-6:30. Dress code: GVS uniform shirt and black dress pants.

Music Festival Trophy

Every year in February, the GVS bands participate in the annual Family of Festivals in Winnipeg. This year, the grade 8 band and the grade 9–12 bands performed at the festival. On February 20 the grade 9–12 band performed in front of a student audience and a panel of adjudicators at the Winnipeg Convention Centre. The months of hard work and preparation for the festival were rewarded with a Trophy for Superior Performance. Congratulations to all the grade 9 -12 band members.

GRADE 6 PRESENTATION - TUESDAY, MARCH 12TH AT 9:30AM

MANITOBA HYDRO IS PLEASED TO OFFER THEIR IN-SCHOOL ELECTRICAL SAFETY PRESENTATION FOR THE GRADE 6 STUDENTS. SAFETY IS THE TOP PRIORITY AT MANITOBA HYDRO. EDUCATING CHILDREN ABOUT THE SAFE USE OF ELECTRICITY AND THE INHERENT DANGERS AROUND ELECTRICAL EQUIPMENT IS EXTREMELY IMPORTANT.

EACH PRESENTATION IS ONE HOUR IN LENGTH AND INCLUDES THE FOLLOWING:

- VIEWING THE VIDEO: ELECTRICITY: THE GOOD, THE BAD, AND THE SCARY.
- AN INTERACTIVE DISCUSSION ON THE SAFE USE OF ELECTRICITY USING OUR HAZARD HAMLET, AN ELECTRONIC SIMULATOR USED TO DEMONSTRATE COMMON ELECTRICAL HAZARDS IN THE HOME AND COMMUNITY.
- DEMONSTRATION OF PROTECTIVE EQUIPMENT USED BY OUR POWER LINE TECHNICIANS.
- A QUESTION-AND-ANSWER PERIOD.
- RESOURCE MATERIALS FOR STUDENTS AND TEACHERS.

Students in Grades 9-12 now have the ability to log in to PowerSchool via the Student Portal.

They will have access to important information such as:

- Class Schedules
- Course Enrollments
- Current Grades & Assignments (available after March 4th)
- School Fees
- Report Cards
- Graduation Progress

Students can access their accounts by going to the Google Workspace page & clicking "PS - Students"

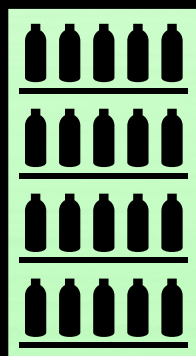
If you have any questions, please contact Mr Hardern



The new vending machine is here!

**It is stocked with a variety of
Pepsi products.**

Prices range from \$2.00 to \$2.75



Numeracy Week at GVS - March 11-15, 2024

Count on some great fun during Numeracy Week at GVS, beginning on Monday, March 11th and culminating with middle year's Math Olympics on Friday, March 15th. Activities to highlight and celebrate Math will be going on each day, multiplying the fun. Students will have opportunities to earn ballots for guessing the number of candies in a jar that will be on display.

World Pi Day is on Thursday, March 14th or 03/14. Pi is a special math number. Pi is the ratio of a circle's circumference (distance around a circle) compared to its diameter (the distance across the center of a circle). ... So, for any circle, dividing its circumference by its diameter will give you the exact same number: 3.14159...(goes on forever without repeating)... or Pi. For March 14th we are encouraging all staff and students who have GVS Pi-rate gear to wear it to school.

Check out the special days and events below, as well as some useful sites in the links below. If you are interested in helping out with the Gr. 5-8 Math Olympics on the morning of Friday, March 15th, please contact your child's teacher or Mrs. Maria Friesen. Remember, everyone counts at GVS. Keep calm and calculate on!

Dates to remember:

Mar 11th - Numeracy Month at GVS begins

Mar 12th - Wear a Number Day (clothing with numbers on them, ex. Sports jersey)

Mar 13th - Wear a Pattern Day

Mar 14th - Pi Day activities, also Wear your GVS Pirates gear

Mar 15th - Candy Guessing Ballots Due and Math Olympics for the middle years

Mar 18th - Candy jar winner is announced

Looking for some online sites that offer extra Math practice?

Check out these 7 sites.

- All grade 5-9 students have a Mathletics subscription and they can access this online.
- Youcubed At Home - <https://www.youcubed.org/resource/youcubed-at-home/>
- Cool Math Games - <https://www.coolmathgames.com/1-number-games>
- Basic Facts Games - <https://www.multiplication.com/games>
- Math Playground - <https://www.mathplayground.com/math-games.html>
- Math Is Fun - <https://www.mathsisfun.com/games/index.html>
- Greg Tang Math - <https://tangmath.com/games>

Numeracy Week Calendar Link - [Numeracy Week 2024 calendar](#)

On Thursday, March 21, 2024 from 4:00-6:30, the Middle Years students will be hosting the Learning Expo in the GVS gym. This is a wonderful opportunity to have your child showcase some of their learning and work from term 2. Hanover School Division's Numeracy Coach and Literacy Coach will be in attendance to provide activities that you and your child can do together. We look forward to seeing you there!



SENIOR YEARS, 9-12



March Madness takes over Green Valley as both our JV and Varsity Boys look for births in Provincial Championships!

- Congratulations to our JV Boys on a thrilling Zone 13 Championship victory over Wanipigow on Feb 29th! The Boys defeated the Stingers 72-69 in a crazy last minute of play. With the win, the boys will be representing Zone 13 at Provincials next weekend in Winnipeg.
- Our Varsity Boys Basketball team is currently ranked 4th in the Province and will be taking part in the upcoming Provincial Qualifier tournament, March 2nd. The tournament will take place in Warren on March 2nd. If successful, the boys will then make their way to Russel March 14-16 for AA Basketball Provincials.

Our High School Badminton team will be holding try-outs on Feb 29, March 4th, and March 7th from 4-5:30 at South Oaks.

GREEN VALLEY TEAM GEAR IS HERE!!

We are very pleased to open our online clothing shop through [entripy.com](https://greenvalleyschool.entripyshops.com/)!

This is your one stop shop for all Green Valley School Gear! Rep your team, or your school pride with a shirt, hoodie, jacket, sweatshirt and much more! All gear is fully customizable and is delivered right to your door or to the school if you wish!

Visit: <https://greenvalleyschool.entripyshops.com/>

For all game and tournament results and current rankings please visit www.mhsaa.ca.

For a schedule of practices, tournaments and upcoming games, please visit the Athletics calendar at www.gvs.hsd.ca.

NUTRITION BITS AND BITES

Packing a Balanced School Lunch



The Untouched Lunch....

Are you frustrated when your child's lunch comes home mostly untouched? There could be a variety of reasons why they didn't eat; however, it's important to remember- it's the child's job to decide how much and whether to eat, not yours.

It can be useful to get feedback from the child and discuss if there is anything you can do to help them eat more at lunch. Perhaps pre-opening packages or sending less food if their appetite is typically low at noon.

It's also helpful to get kids involved in packing their own lunches early on. They may be more inclined to eat a lunch they had a hand in preparing themselves.

Packing an A+ lunch

Packing an A+ lunch everyday can be easy when you follow these **5** steps!

1. Keep it simple and ensure the meal incorporates fruits and vegetables, whole grain products and protein. Water to drink is always a great choice too!
2. Plan and prep beforehand. It can be helpful to have a rough schedule of what you plan to pack for the week. This can make grocery shopping, food prep, and packing so much easier.
3. Pack the night before. Trying to pack lunches during the chaos of mornings can lead to unbalanced meals. Skip the stress and do most of the work when you have time in the evening.
4. Get the kids involved. Although it's the caregiver's job to provide the food, kids can help by washing fruits and veggies, getting out supplies or filling water bottles.
5. Make it safe! Remember to keep hot foods hot and cold foods cold. Use a good quality thermos or ice packs to ensure food stays fresh and free of bacteria. Don't forget to regularly clean lunch kits and wash water bottles too!

Banana “Sushi”

Here is a fun and easy lunch box or after school snack idea for kids of all ages.
Get creative and see what fun combinations you can make!

Ingredients:

2-3 bananas
½ cup of chocolate chips melted or ½ cup of nut or seed butter
or ½ cup of whipped cream cheese
A variety of:
Shredded coconut
chia seeds
sprinkles
mini chocolate chips
hemp hearts
breakfast cereal
granola

Method:

1. Peel bananas and spread desired “sticky” ingredient (melted chocolate or nut/seed butter or cream cheese) onto the bananas
2. Sprinkle desired topping onto the coated bananas and cut up bananas to achieve a circle shape
3. Eat immediately or let firm up in fridge for 20 minutes. Leftovers can be put in the freezer for a cool snack another day.



TIP: Try using chopsticks to pick up and eat the “sushi”



Scan the QR code for more tips
on packing school lunches



For more information on nutrition and healthy eating, visit:

<https://www.southernhealth.ca/finding-care/health-info-for-you/nutrition-and-healthy-eating/>

To access previous school nutrition newsletters, visit:

<https://www.southernhealth.ca/whats-happening/nutritional-newsletters/>

Contact Dial-a-Dietitian 1-877-830-2892 Health Links 1-888-315-9257 Nutrition Services Team 1-204-856-2055

Created by Registered Dietitians from Southern Health-Santé Sud

May be photocopied in its entirety provided source is acknowledged.



UPCOMING EVENTS at the Steinbach Arts Council
Visit www.steinbacharts.ca for more info

Southeast Open Judged Exhibit

Artist Callout for all ages & skill levels.
Submit your entry starting March 1st.

STEINBACHARTS.CA | 204.346.1077



GNN
GOOD N' NATURAL

Spring Break Out! Camp (5-8 & 9-12)

March 25-28, 2024
Bursaries available

STEINBACHARTS.CA | 204.346.1077



Backyard
Theatre
COMPANY

FOXTON FOUNDER'S DAY: THE STORY OF MR FOX

SRSS THEATRE | April 9, 2024
\$6 assigned seating. Get yours now!

STEINBACHARTS.CA | 204.346.1077



Fusion
Musical
Theatre

Disney BEAUTY AND THE BEAST

SRSS Theatre | April 27 - April 28, 2024
\$8 assigned seating. Get yours now!

STEINBACHARTS.CA | 204.346.1077



Attendance Procedures

Please let us know when your child will be absent from school, for any reason:

Phone: (204) 434-6415

Email: gvs@hsd.ca

Through the HSD Parent Portal

*if your child is absent from school and the office has not been notified,
you may receive an automated telephone message & email asking you to contact the school

Like & Follow us on
Facebook



Green Valley School

Check out our Website for
Daily Announcements & News